

T0:	GC3-Mental Health Alliance
FROM:	Justo Chalaire, Community Engagement & Data Specialist
SUBJECT:	MHA Meeting Summary
DATE:	August 3th, 2023

Thank you to all who attended the Mental Health Alliance meeting for the Greenwood Counts Community Consortium.

Below is a summary of each portion of our meeting with a direct link to the video recording for that portion:

- Justo Chalaire welcomed the LFHA Members and initiated introductions. In attendance were Debra Coleman, Janet Phelps, Frank Grand, Koshay Arnold, Jennifer Lindler, Dray Wideman, Zach Rubin, Anthony Price, Kayla Livingston, Jessica Seel, Jessica Salim, Liz Demeo, CeCe Paul-Hill and Justo Chalaire.
- The group discussed their passion for mental health and the importance of community engagement. They also reviewed the goals and structure of the Greenwood Counts Community Consortium (GC3) and discussed upcoming action steps, including revising a community survey. - PLAY @3:31
- Justo discussed the formation of GC3 Work Groups and how they presented data
  to community members and leaders during data walks, allowing them to make
  informed decisions on areas of focus for the community, concluding in mental
  health, health equity, and food insecurity. They also discussed Mental Health
  Alliance group guidelines like no ego/logos, using common language, active
  listening, and joint actions as a group to address needs and find solutions. PLAY
  @15:27
- Koshay Arnold discussed the services at Beckman Center for Mental Health, including mobile crisis counseling, infant/early childhood, parent/child interaction therapy, school-based clinicians, virtual psychiatry appointments, walk-in from 8:30 a.m.-5 p.m. and the Mobile Crisis line 988 that assesses individuals and can initiate a local crisis response team. They also mentioned their funding sources and the availability of appointments for mental health services. PLAY @26:23
- Dray Wideman discussed and showed a video of the South Carolina Department
  of Mental Health's Home Care program, which started in 1992 to provide
  assistance to individuals in need. They shared their experiences as home-share
  providers, emphasizing the rewarding and fulfilling nature of caring for others
  and the importance of having a loving and caring attitude. Dray Wideman
  discussed the concept of home-share providers, who treat their patients like
  family members and provide them with housing and support including rental

- assistance. The opportunity to become a home-share provider was mentioned PLAY @38:27
- Justo shared a recap on our previous meeting which emphasized community change starts with you. Some examples for self-help was exercise, relaxation and meditation, peer support groups, self-help books, social network, and hobbies. The group then began reviewing the GC3 Community Survey mental health portion. Anthony Price shared his success at Pathways and then we discussed the importance of sharing and gathering input from our community. - PLAY @42:52
- The group discussed the importance of conducting surveys to gather information about the community's needs and concerns. They also shared the value in generating reports that show the difference in answers between certain demographics. Then they discussed strategies for administering the survey and reaching out to different demographics, aiming to ensure that everyone's voice is heard and included in the data collection process. Justo shared the community listening session initiative that the Food and Hunger Alliance is hosting that could be mirrored among the Mental Health Group- PLAY @54:00
- The group formed small groups and discussed who will we distribute the surveys
  to and how will we administer them. Some places mentioned were Boys and Girls
  Club Parents, Local Church Groups, Transitional House, and Partner
  organizations. The benefit of capturing different income and education levels for
  survey responses was brought up. PLAY @1:05:56
- The group discussed the importance of getting a representative sample for the survey by administering the survey to various organizations, groups, and community platforms. - PLAY @1:18:00
- Justo shared a partnership with USC Center for Applied Research to offer a listening session facilitation training on August 17<sup>th</sup> and 18<sup>th</sup> from 2-4 p.m. The need for peer support groups was also shared for those struggling with mental health. Finally, Justo mentioned organizing a diverse Mental Health Alliance and the need to nominate a chair, secretary, and vice chair for the group. PLAY @1:29:56

## Action items that came from the meeting:

- GC3 Members to advertise GC3 survey flyers and administer GC3 Community Surveys within the community and at respective organizations.
- Dray Wideman to administer the survey at Divine 9 at Morris Chapel.
- Justo to contact the Boys and Girls Club to administer the survey to parents.
- Kalya L. and Jennifer L. to administer the survey to professionals at District 50 and get approval to send it to parents.
- Justo to contact PTC and other GC3 partners to administer the survey to students.
- Frank Grand to administer the survey to church groups and transitional houses.
- All members are to share the flyer and information on the surveys.
- Alliance to collaborate to obtain 20 more gift cards for survey and listening session incentives.
- Justo to send Listening Session Facilitation Training details.