

TO:	GC3-Mental Health Alliance
FROM:	Justo Chalaire, SC Office of Rural Health
SUBJECT:	MHA Meeting Summary
DATE:	March 7, 2024

We extend our gratitude to all who attended the Mental Health Alliance meeting for the Greenwood Counts Community Consortium. Here's a concise summary of the key points discussed during the meeting:

• Welcome and Introductions:

Justo Chalaire welcomed everyone and initiated introductions. In attendance: Justo Chalaire, Lucila Beaton, Nita Donald, Kayla Livingston, Sylvester Coleman, Renee Coleman, Ashlee Redfern, Jennifer Lindler, Michelle Morrison, Andria Wendell, Laine Horowitz, Dana Powell, and Marisel Losa

• Organization Updates:

- Kayla L. shared that all Middle School and High School SRO's have been invited to a youth MHFA training hosted by SLED.
- Justo C. shared updates on United Ways of the Lakelands free tax preparation program called VITA and that UWL was recently awarded a DASH mentorship through the Michigan Public Health Institute from the Robert Wood Johnson Foundation.
- ACE's Training:
 - Justo discussed the context of our training and importance of understanding ACEs and those being the root cause of many issues. He introduced the details for the upcoming ACEs training on 4/4/24. The training will be at PTC in the B-building rooms 153-157. It will be offered both in-person and virtually. Food will be secured by SCORH after Justo confirms vendor. All facilitators have been trained and confirmed for the ACEs training and listening session.
 - Each training will last one hour and be followed by a listening session to gather individual perspectives on barriers to mental health in our community. Feedback from this session will be aligned with our GC3 survey to inform us of next steps.
- Additional Trainings:

• We are partnering with WVBH to launch community Mental Health First Aid trainings at the United Way of the Lakelands in both English and Spanish.

April 24, 2024 – <u>www.eventbrite.com/e/818567376057</u>(English) **May 8, 2024** – <u>www.eventbrite.com/e/818720975477</u> (Spanish)

• We are hosting a "Community Conversation" on **March 12th** from **9am-11:30am** in partnership with the University of Rochester and SCORH to reduce stigma, biases, and negative perceptions around substance use. A train the trainer will start at 12:30pm.

Action Items Resulting from the Meeting:

- Each alliance member promotes the ACEs, MHFA, and Community Conversation within their sphere of influence.
- Alliance members to register and prep for ACEs training and bring mental health resources to the event.
- Justo to confirm food order for ACE's training.
- Justo to schedule a virtual listening session preparation meeting with Renne, Lucila, and Dana.
- Justo to send additional MHA content to all members.